

## Personal History

In the early 1990s Ronald began his spiritual journey with rebirthing workshops. Then became part of a spiritual development school in Melbourne for a number of years. He did a Vision Quest in 1994.

He has been a member of a number of healing and spiritual development circles and has established & facilitated a men's group in Melbourne. His "journey" has led to training in many healing modalities.

He is qualified in General and Bereavement Counselling, TCM Oriental / acupressure massage techniques, Zenith Omega™, Spiritual Healing, and other energy healing methods (e.g. sound therapy, drumming, music, flute, crystals, and breath). He has a strong interest in traditional healing modalities and shamanism, and incorporates these into his consultation sessions.

His "craft" is the use of his awareness and sensitivity, in "feeling" or "seeing" what will be the catalyst for change in a client. This facilitates the healing process and assists them in gaining clarity for their own "journey".

Ronald's approach to healing is KALA for  
*"there are no limits"*

## Benefits

- \* Inner Harmony & Balance
- \* Self Empowerment
- \* Spiritual understandings and healing
- \* Personal growth
- \* Release of old limitations and paradigms
- \* Clarity of self purpose
- \* Be in touch with self
- \* Awareness & understanding of issues within self



Ronald is available for:

- \* Personal sessions
- \* Intensive sessions
- \* Family or Group sessions
- \* Meditation classes
- \* Group facilitation
- \* Spiritual Development Circle facilitation

Practice is located in:  
Melbourne

For an appointment please contact Ronald on:

**Mobile 0402-44-8050**

Session Fee is \$100.00 per hour  
(First Session please allow for 1½ hours)  
Bi-lateral/Intensives/Families/Groups—POA

48 hours cancellation notice must be given or you will incur a cancellation fee

# KALA

*"there are no limits"*

## Counselling and Healing Facilitation with Ronald Kohlman

A Practitioner of the following modalities:

- \* General Counselling
- \* Bereavement Counselling
- \* TCM Massage Techniques
- \* Spiritual Healing
- \* Sound Therapy
- \* Shamanic Drum Healing
- \* Zenith Omega™
- \* Energy Healing
- \* Group Facilitator



*When we touch the sacred in us and  
re-establish a relationship with it,  
healing can occur*

## Tools that may be used during a session:

- \* **General Counselling** is a helping process whose aim is to assist clients to:
  - \* Cope with difficult life circumstance
  - \* Make better choices
  - \* Handle a particular problem
- \* **Bereavement Counselling** is aimed at assisting the grieving process. Grieving is important for healing the wound of separation. The feelings you experience when you are bereaved are healthy, normal and part of the healing process. Failure to express them will often lead to more intense reactions, including physical illness or even death. Research shows that when bereaved people do not receive support and permission to grieve openly, these reactions increase significantly. Bereavement is a journey through a land of difficult terrain. People have not known that there was a journey to take because it is not discussed or talked about. Grief is seen as something that happens to you, it is to be received passively rather than something you take hold of and work through.
- \* **TCM** (Traditional Chinese Medicine) **Massage** technique is used to stimulate the Qi, or energy meridians within the body and relax the body. Massage is a simple, yet powerful healing art that has been utilised in many cultures around the world for thousands of years. TCM massage utilises the same meridians that are used for acupuncture.

- \* **Spiritual Healing** is a form of "hands on" energy healing. It is aligning to Life Force Energy. This energy can be channeled for a beneficial effect to a person, place or object, at all levels; Body, Mind and Spirit through the intent of loving thoughts. Spiritual Healing may be given to any person, without distinction, who is suffering from any illness, injury or problem.
- \* **Shamanic Drum Healing** is a form of energy and sound therapy healing process. The drum is played over the client and the sound permeates through their energy fields and can be a catalysing agent for profound healing.
- \* **Sound Therapy** Sound is sacred. In all religious and spiritual traditions sounds, words and music are instrumental in creating and sustaining the universe, nature and humankind. Healing sounds are part of the "sacred therapy" that Ronald uses.
- \* **Zenith Omega™** is a systematic transformational tool utilising colour and light frequencies to release energy blocks from the Physical, Mental, Emotional, and Spiritual bodies. Thus restoring each individual to a higher state of potential.
- \* **Energy Healing** is channelled Universal Life Energy, a way of activating, directing and applying natural energy for the promotion of health, healing, and balance.

**During a session** any one or combination of these modalities may be used in the facilitation of the healing process.

## Self Responsibility

Childhood experiences, past physical, emotional, or sexual abuses are stored in various parts and levels of our bodies. These blockages affect the free flow of energy and can be a poison greater than chemicals.

Until there is completion, the old paradigms will continue to be our lessons of life.

By looking at what you are ready to let go of without the control issues, you are clearing your way with clarity of choice. This brings new beginnings and being totally aware of what you are asking for in your future.

By being in tune with your inner being, it clears the way for you to be in your passion of choice and fly with it.

Understand that no healer actually heals a client. The healer facilitates energies for the client's own body to use, if it is able to.

## Facilitation / Classes

Ronald also provides workshops in Spiritual Development that are available throughout the year, and can provide facilitation for groups, such as "Spiritual Development Circles" and "Men's groups".